# Hrafnhildur Ýr Víglundsdóttir

## **Work Experience**

2020 - Starcodes Academy – Founder, guide & spiritual artist
 2018 Aurora Lodge Hotel – Hotel Manager.

- Overseeing customer relations, marketing, and day to day operations.
- Communicating with guests and business associates.

**2014 – 2018 Icelandic Tourist Board** – project manager of regional development. Main projects:

- Integration of national cooperation through regional marketing boards, regional tourist information centres and tourism associations.
- Overseeing and integrating regional destination management plans.
- Creating and managing the revision and redesign of tourism information provision on a national level.

2013 – 2019	Independent Tourism Consultant
2012 – 2013	Norðlingaskóli – elementary school teacher.
2011 – 2012	Hvolsskóli – elementary school teacher.
2010 – 2011	<b>Grunnskóli Húnaþings vestra</b> – teaching creativity, music and acting at a
	local secondary school.
2010 -	Herbal Balms – Making healing balms from Icelandic herbs

2010 - Psychic Artist

**2006 – 2011 Icelandic Seal Centre –** manager.

- Managing the development and strategic planning of the centre from its establishment.
- Overseeing daily operations such as staff and finance.
- Event planning of art exhibitions, meetings, conferences, and like.
- Marketing and social media.
- Designing educational exhibitions.
- Overseeing a wildlife research department.
- Teaching a course in Nature Tourism at Hólar University.

**2005 – 2006 Austurbyggð Municipality -** public relations, and marketing.

Strategic tourism planning, tourism employment and innovation consultancy, planning of "Franskir dagar" town festival and much more.

**1999 – 2000 Grunnskóli Húnaþings vestra –** Secondary school teacher.

1996 - Freelance musician

#### Spiritual studies and work

### Work and teaching

2020 -	Spiritual Guide and Teacher at Starcodes Academy
2014	Aqualead Healing 1&2
2014	Aqualead Healing Master
2014	Psychic Art Workshop
2011 -	Presentations, talks and meditations for groups at various
	events



2011 -	Private and group sessions in healing, psychic art, sound healing, shamanic journeys, mediation, mediumship, moon ceremonies etc.  Development groups - teaching the basics of meditations,
	healing, mediumship, etc.
Studies	
2020	Angelic Reiki Master 3&4 - Alma Hrönn Hrannardóttir
2020	Angelic Reiki 1&2 - Alma Hrönn Hrannardóttir
2019	Drum Birthing with Lynn Gosney
2013	Past Life Hypnosis - Vigdís Steinþórsdóttir
2013	Aqualeed Healing 1&2 - Sabine Blaise
2013	Aqualeed Healing Master - Sabine Blaise
2013	Psychic Art - Sigrún Gunnarsdóttir & Guðlaug Friðriksdóttir
2012	Psychic Art/Spirit Portraits - Coral Ryder
2012	Shamanic Journeys - Steve Vogel
2009	Shamballa Master Healer - Lilja Petra Ásgeirsdóttir & Erlingur Magnússon
2006 - 2009	Development groups with Hrönn Friðriksdóttir, meditations, healing, mediumship, etc.

# **Education**

2018	<b>Complete Vocal Studio in Reykjavík</b> – Singing, songwriting and artist development
2017-2018	Complete Vocal Institute in Copenhagen – Singing school.
2003-2004	University of Iceland - Teacher qualifications.
2000-2003	University of Iceland - B.Sc. degree in tourism, with a focus on geography
	and regional development.
1998-1999	Ferðamálaskóli Íslands - IATA/UFTAA Travel Consultant.